







# NOVEMBER 2019



## Aquatics Schedule of Events

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|---|---|---|--|---|--|---|
|                 |   |   |   |   | 1<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD                | 2<br>Water Fitness<br>Swim Lessons<br>WAC<br>757  |
| 3<br><b>POOL CLOSED<br/>CENTER OPEN</b>   | 4<br>Walsingham<br>Water Fitness<br>WAC<br>CGBD<br>757<br>NL2S 5:15-6pm | 5<br>Walsingham<br>Water Fitness<br>WAC<br>CGBD<br><br>GO VOTE!                 | 6<br>Walsingham<br>Water Fitness<br>WAC<br>CGBD<br>NL2S 5:15-6pm   | 7<br>Walsingham<br>Water Fitness<br>WAC<br>CGBD   | 8<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD                | 9<br>Water Fitness<br>Swim Lessons<br>WAC<br>757<br> |
| 10<br>WAC<br> | 11<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br>757 | 12<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br>NL2S 5:15-6 | 13<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br>NL2S 5:15-6  | 14<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD  | 15<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD | 16<br>Water Fitness<br>Swim Lessons<br>WAC<br>757   |
| 17<br>WAC   | 18<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br>757 | 19<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD                | 20<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br> | 21<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD  | 22<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD               | 23<br>Water Fitness<br>Swim Lessons<br>WAC<br>757   |
| 24<br>WAC   | 25<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD<br>757 | 26<br>Walsingham<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD                | 27<br>Water Fitness<br>Swim Lessons<br>WAC<br>CGBD   | 28<br><b>Center Closed</b><br><br>Happy Thanksgiving | 29<br>Water Fitness<br>WAC<br>CGBD                               | 30<br>Water Fitness<br>WAC<br>757   |

**Number of Lanes (parenthesis)**

**Swim Lessons**

**Morning Lessons**

\*T/Th 10:30am-12:15pm(1)  
Fri 10:30am-11:30 (2)  
Sat 9:30am—1:15pm (3)

**Evening Lessons**

\*M/W: 4:30-7:15 pm(3)  
\*T/Th: 4:30-8:15 pm (3)

**Water Fitness**

M/TH

8 am—1 pm (4)  
5:30-6:30 p.m. (2)

Tu/Wed/Fri

8.00a.m.-12 p.m. (4)

Sat:

8:30am-11:30am(2)

**CGBD**

M-F 3:30-5:30 pm (3)

**WAC**

**M-Th**

3-4:30pm (3)  
4:30-5pm (2)  
7:30-8:45pm (4)  
Fri 3-6:30pm (3)  
Sat 3:30-5:30pm (3)  
Sun 3-5pm (3)

**757**

Mon. 5:30-6:30 pm (2)  
Sat. 9:30-10:30am (2)

**Walsingham**

Weekly 6-7 am (3)

For more information, please call the Aquatics Coordinator at 757-259-4185.